# NPFL099 Statistical Dialogue Systems 7. Dialogue Management (2) Action Selection/Policy

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http://ufal.cz/npfl099

10. 11. 2025

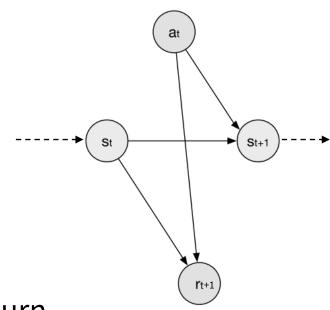




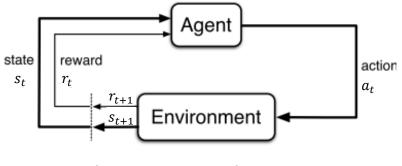


## **Action selection: Recap**

- Action selection: deciding what to do (or say) next
  - based on dialogue state (i.e. uses tracking output)
  - follows a **policy** towards an end goal
- FSM, frames, rule-based
- trained policies: typically with RL
  - explore more different paths than supervised
  - plan ahead optimize for the whole dialogue, not just 1 turn
- RL: MDP formalism agent in an environment, state-action-reward
  - POMDP = MDP with continuous states
  - trained with user simulator



(from Milica Gašić's slides)



(Sutton & Barto, 2018)

## **Reinforcement learning: Definition**

- RL = finding a policy that maximizes long-term reward
  - unlike supervised learning, we don't know if an action is good
  - immediate reward might be low while long-term reward high

alternative – **episodes**: only count to 
$$T$$
 when we encounter a terminal state (e.g. 1 episode = 1 dialogue) 
$$R_t = \sum_{i=0}^{\infty} \gamma^i r_{t+i+1} \qquad \qquad \gamma \in [0,1] = \textbf{discount factor} \text{ (immediate vs. future reward trade-off)}$$
 (from turn  $t$  onwards) 
$$y = 1 \text{: no discount, only usable if } i \leq T$$
 
$$\gamma < 1 : R_t \text{ is finite (if } r_t \text{ is finite)}$$
 
$$\gamma = 0 \text{: greedy approach (ignore future rewards)}$$

state transition is stochastic → maximize expected return

 $\mathbb{E}[R_t|\pi,s_0]$  expected  $R_t$  if we start from state  $s_0$  and follow policy  $\pi$ 

#### **State-value Function**

- Using return, we define the **value of a state** s under policy  $\pi: V^{\pi}(s)$ 
  - Expected return for starting in state s and following policy  $\pi$
- Return is recursive:  $R_t = r_{t+1} + \gamma \cdot R_{t+1}$
- This gives us a recursive equation (Bellman Equation):

$$V^{\pi}(s) = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} r_{t+1} | \pi, s_{0} = s\right] = \sum_{a \in \mathcal{A}} \pi(s, a) \sum_{s' \in \mathcal{S}} p(s' | s, a) \left(r(s, a, s') + \gamma V^{\pi}(s')\right)$$

$$\underset{a \text{ from } s \text{ under } \pi}{\text{probs.}} \text{ transition probs.}$$

$$\underset{reward}{\text{expected immediate reward}}$$

•  $V^{\pi}(s)$  defines a **greedy policy**:

actions that look best for the next step

$$\pi(s,a) \coloneqq \begin{cases} \frac{1}{\# \text{ of } a's} \text{ for } a = \arg\max_{a} \sum_{s' \in \mathcal{S}} p(s'|s,a) (r(s,a,s') + \gamma V^{\pi}(s')) \\ 0 \text{ otherwise} \end{cases}$$

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#### **Action-value (Q-)Function**

- $Q^{\pi}(s,a)$  return of taking action a in state s, under policy  $\pi$ 
  - Same principle as value  $V^{\pi}(s)$ , just considers the current action, too
  - Has its own version of the Bellman equation

$$Q^{\pi}(s,a) = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} r_{t+1} | \pi, s_{0} = s, a_{0} = a\right] = \sum_{s' \in \mathcal{S}} p(s'|s,a) \left(r(s,a,s') + \gamma \sum_{a' \in \mathcal{A}} Q^{\pi}(s',a') \pi(s',a')\right)$$

•  $Q^{\pi}(s, a)$  also defines a greedy policy:

again, "actions that look best for the next step"

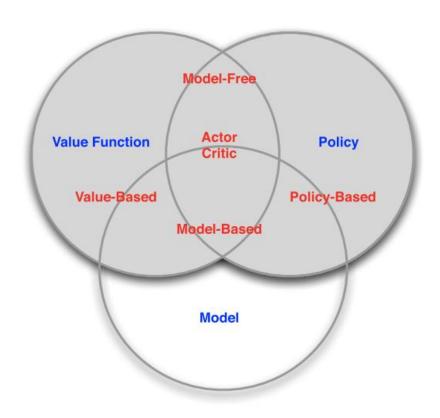
$$\pi(s,a) \coloneqq \begin{cases} \frac{1}{\# \text{ of } a's} \text{ for } a = \arg\max_{a} Q^{\pi}(s,a) & \text{simpler: no need to enumerate } s', \\ 0 \text{ otherwise} & \text{no need to know } p(s'|s,a) \text{ and } r(s,a,s') \end{cases}$$
 but  $Q$  function itself tends to be more complex than  $V$ 

## Optimal Policy in terms of V and Q

- optimal policy  $\pi^*$  one that maximizes expected return  $\mathbb{E}[R_t|\pi]$ 
  - $V^{\pi}(s)$  expresses  $\mathbb{E}[R_t|\pi] \to \text{use it to define } \pi^*$
- $\pi^*$  is a policy such that  $V^{\pi^*}(s) \ge V^{\pi'}(s) \ \forall \pi', \forall s \in \mathcal{S}$ 
  - $\pi^*$  always exists in an MDP (need not be unique)
  - $\pi^*$  has the **optimal state-value function**  $V^*(s) \coloneqq \max_{\pi} V^{\pi}(s)$
  - $\pi^*$  also has the **optimal action-value function**  $Q^*(s,a) \coloneqq \max_{\pi} Q^{\pi}(s,a)$
- greedy policies with  $V^*(s)$  and  $Q^*(s,a)$  are optimal
  - we can search for either  $\pi^*$ ,  $V^*(s)$  or  $Q^*(s,a)$  and get the same result
  - each has their advantages and disadvantages

#### **RL Agents Taxonomy**

- Quantity to optimize:
  - value function critic
    - either Q or V, typically Q in practice
  - policy actor
  - both actor-critic
- Environment model:
  - model-based (assume known p(s'|s,a), r(s,a,s))
    - nice but typically not satisfied in practice
  - model-free (don't assume anything, sample)
    - this is the usual real-world case
    - this is where using Q instead of V comes handy



(from David Silver's slides)

## **Reinforcement Learning Approaches**

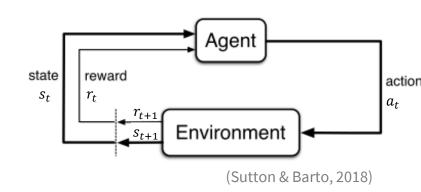
- How to optimize:
  - dynamic programming find the exact solution from Bellman equation
    - iterative algorithms, refining estimates
    - expensive, assumes known environment → not practical for real-world use
  - Monte Carlo learning learn from experience
    - sample, then update based on experience
  - Temporal difference learning like MC but look ahead (bootstrap)
    - sample, refine estimates as you go
- Sampling & updates:
  - on-policy improve the policy while you're using it for decisions
    - can't use that with batch learning (decision policy is changing constantly)
  - off-policy decide acc. to a different policy

both used in practice



#### **Deep Reinforcement Learning**

- Exactly the same as "plain" RL
  - agent & environment, actions & rewards
- "deep" = part of the agent is handled by a NN
  - value function (typically Q)
  - policy
- function approximation approach
  - Q values / policy are represented as a parameterized function  $Q(s, a; \theta) / \pi(s; \theta)$
  - enumerating in a table would take up too much space, be too sparse
  - the parameters  $\theta$  are optimized
- assuming huge state space
  - much fewer weights than possible states
  - update based on one state changes many states
- needs tricks to make it stable



## **Q-Learning**

- temporal difference update Q as you go
- off-policy directly estimates best Q\*
  - regardless of policy used for sampling

any policy that chooses all actions & states enough times will converge to  $Q^*(s, a)$ : we need to explore to converge

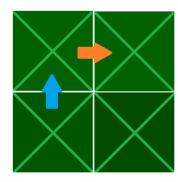
- choose learning rate  $\alpha$ , initialize Q arbitrarily
- for each episode:
  - choose initial s
  - for each step:
    - choose a from s according to  $\epsilon$ -greedy policy based on Q
    - take action a, observe observe reward r and state s'

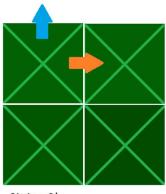
• 
$$Q(s,a) \leftarrow (1-\alpha) \cdot Q(s,a) + \alpha \left(r + \gamma \cdot \max_{a'} Q(s',a')\right)$$

•  $s \leftarrow s'$ 

update uses best a', regardless of current policy:

a' is not necessarily taken in the actual episode





Action taken: North (any action)

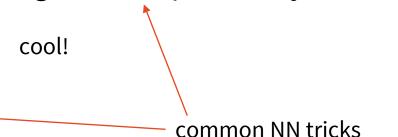
TD: moving estimates

 $\arg \max_{a} Q(s, a)$  with probability  $1 - \epsilon$ 

random action with probability  $\epsilon$ 

#### **Deep Q-Networks**

- Q-learning, where Q function is represented by a neural net
- "Usual" Q-learning doesn't converge well with NNs:
  - a) SGD is unstable
  - b) correlated samples (data is sequential)
  - c) TD updates aim at a moving target (using Q in computing updates to Q)
  - d) scale of rewards & Q values unknown  $\rightarrow$  numeric instability
- → DQN adds fixes:
  - a) minibatches (updates by averaged n samples, not just one)
  - b) experience replay
  - c) freezing target Q function
  - d) clipping rewards •



#### • Experience replay – break correlated samples

- run through some episodes (dialogues, games...) —— "generate your own 'supervised' training data"
- store all tuples (s, a, r', s') in a buffer —
- for training, don't update based on most recent moves use buffer
  - sample minibatches randomly from the buffer
- overwrite buffer as you go, clear buffer once in a while
- only possible for off-policy

loss := 
$$\mathbb{E}_{(s,a,r',s')\in \text{buf}}\left[\left(r' + \gamma \max_{a'} Q\left(s',a';\overline{\boldsymbol{\theta}}\right) - Q(s,a;\boldsymbol{\theta})\right)^{2}\right]$$

#### Target Q function freezing

- fix the version of Q function used in update targets
  - have a copy of your Q network that doesn't get updated every time
- once in a while, copy your current estimate over

"have a fixed target, like in supervised learning"

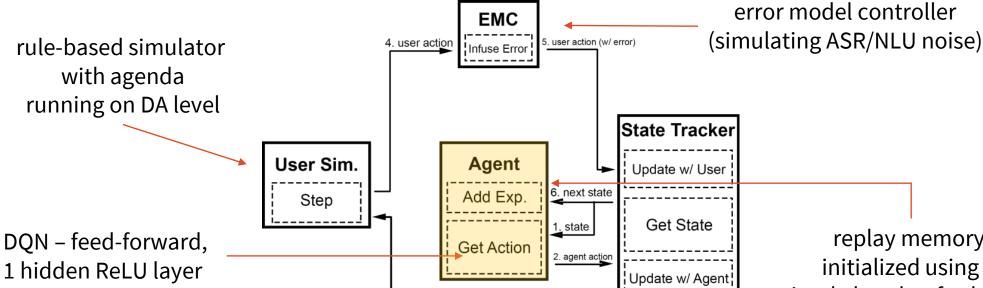
## **DQN** algorithm

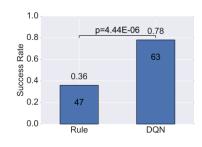
- initialize  $\boldsymbol{\theta}$  randomly
- initialize replay memory D (e.g. play for a while using current  $Q(\boldsymbol{\theta})$ )
- repeat over all episodes:
  - set initial state s
  - for all timesteps  $t = 1 \dots T$  in the episode:
    - select action  $a_t$  from  $\epsilon$ -greedy policy based on  $Q(\theta)$
    - take  $a_t$ , observe reward  $r_{t+1}$  and new state  $s_{t+1}$
    - store  $(s_t, a_t, r_{t+1}, s_{t+1})$  in D
    - sample a batch B of random (s, a, r', s')'s from D
    - sample a batch B of random (S, a, r', s') s from D• update  $\theta$  using loss  $\mathbb{E}_{(s,a,r',s')\in B}\left[\left(r'+\gamma\max_{a'}Q\left(s',a';\overline{\theta}\right)-Q(s,a;\theta\right)\right)^2\right]$  a. k. a. training (1 update)
  - once every  $\lambda$  steps (rarely):

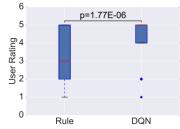
storing experience (1 step of Q-learning exploration)

update the frozen target function

- https://arxiv.org/abs/1608.05081 https://github.com/MiuLab/TC-Bot
- DQN can drive dialogue action selection/policy
- warm start needed to make the training actually work:
  - pretrain the network using supervised learning
  - replay buffer spiking initialize using simple rule-based policy
    - so there are at least a few successful dialogues
    - the RL agent has something to catch on







movie ticket booking: better than rule-based

replay memory initialized using a simple handcrafted policy

# **Policy Gradients**

- Instead of value functions, train a network to represent the policy
  - allows better action sampling according to actual stochastic policy
    - no need for  $\epsilon$ -greedy (which is partially random, suboptimal)
- To optimize, we need a **performance metric**:  $J(\theta) = V^{\pi_{\theta}}(s_0)$ 
  - expected return in starting state when following  $\pi_{ heta}$
  - we want to directly optimize this using gradient ascent

#### Policy Gradient Theorem:

• expresses  $\nabla J(\theta)$  in terms of  $\nabla \pi(a|s,\theta)$ 

$$\nabla J(\theta) \propto \sum_{s} \mu(s) \sum_{a} Q^{\pi}(s, a) \nabla \pi(a|s, \theta) = \mathbb{E}_{\pi} \left[ \sum_{a} Q^{\pi}(s, a) \nabla \pi(a|s, \theta) \right]$$

 $\mu(s)$  is state probability under  $\pi$  – this is the same as expected value  $\mathbb{E}_{\pi}$ 

NPFL099 L7 2025 (Sutton & Barto, 2018; p. 324ff)

distribution/frequency  $\mu(s)$ 

this will guarantee

the right state

## **REINFORCE: Monte Carlo Policy Gradients**

- direct search for policy parameters by stochastic gradient ascent
  - looking to maximize performance  $J(\boldsymbol{\theta}) = V^{\pi_{\theta}}(s_0)$
- choose learning rate  $\alpha$ , initialize  $\theta$  arbitrarily
- loop forever:
  - generate an episode  $s_0, a_0, r_1, \dots, s_{T-1}, a_{T-1}, r_T$ , following  $\pi(\cdot \mid \cdot, \boldsymbol{\theta})$
  - for each  $t = 0.1 \dots T$ :  $\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha \gamma^t R_t \nabla \ln \pi (a_t | s_t, \boldsymbol{\theta})$

returns 
$$R_t = \sum_{i=t}^{T-1} \gamma^{i-t} r_{i+1}$$

variant – **advantage** instead of returns:

discounting a **baseline** b(s) (predicted by any model)  $A_t = R_t - b(s_t)$  instead of  $R_t$  gives better performance

V(s) is actually a good b(s)

this is stochastic  $\nabla J(\boldsymbol{\theta})$ :

- from policy gradient theorem
- using single action sample  $a_t$
- expressing  $Q^{\pi}$  as  $R_t$  (under  $\mathbb{E}_{\pi}$ )
- using  $\nabla \ln x = \frac{\nabla x}{x}$

NPFL099 L7 2025 (Sutton & Barto, 2018; p. 327f)

# Policy Gradients (Advantage) Actor-Critic

- REINFORCE + V approximation + TD estimates better convergence
  - differentiable policy  $\pi(a|s, \theta)$
  - differentiable state-value function parameterization  $\hat{V}(s, w)$
  - two learning rates  $\alpha^{\theta}$ ,  $\alpha^{w}$
- loop forever:
  - set initial state *s* for the episode
  - for each step *t* of the episode:
    - sample action a from  $\pi(\cdot | s, \theta)$ , take a and observe reward r and new state s'
    - compute advantage  $A \leftarrow r + \gamma \hat{V}(s', w) \hat{V}(s, w)$
    - •• update  $\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha^{\boldsymbol{\theta}} \gamma^t A \nabla \ln \pi(a|s,\boldsymbol{\theta}), \boldsymbol{w} \leftarrow \boldsymbol{w} + \alpha^{\boldsymbol{w}} \cdot A \nabla \hat{V}(s,\boldsymbol{w})$
    - $s \leftarrow s'^{\perp}$

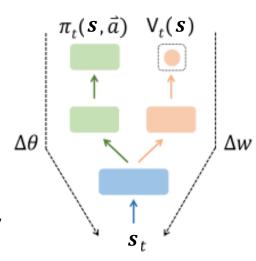
actor (policy update)

**critic** (value function update)

TD: update after each step, moving estimates

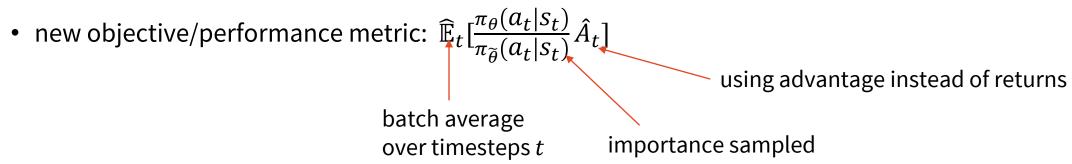
same as REINFORCE, except:

- we use  $\hat{V}(s, w)$  as baseline
- r is used instead of  $R_t$  (TD instead of MC)



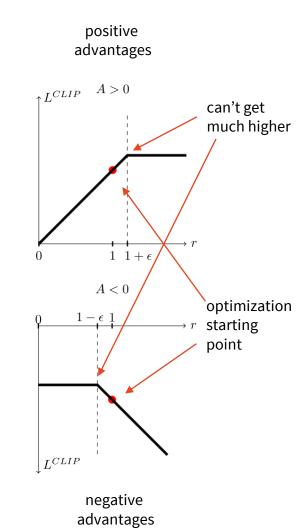
## **ACER: Actor-Critic with Experience Replay**

- off-policy actor-critic using experience replay buffer
  - same approach as Q-learning
  - since ER buffer has past experience with out-of-date policies (using "old"  $\hat{\theta}$ ), it's considered off-policy (behaviour policy  $\pi_{\widetilde{\theta}} \neq \text{target policy } \pi_{\theta}$ )
    - sampling behaviour from  $\pi_{\widetilde{\theta}}$  is biased w. r. t.  $\pi_{\theta}$
    - correcting the bias **importance sampling**: multiply by importance weight  $\rho_t = \frac{\pi_{\theta}(a_t|s_t)}{\pi_{\tilde{\rho}}(a_t|s_t)}$
  - all updates are summed over batches & importance-sampled



- ACER is prone to very large updates, unstable
  - to avoid going "off a cliff", it needs very low LR, trains slowly
  - → change the objective to produce more stable updates
- Basically clipping the ACER objective
  - define  $r_t(\theta) = \frac{\pi_{\theta}(a_t|s_t)}{\pi_{\widetilde{\theta}}(a_t|s_t)}$  ratio to old params
  - starting from  $\widehat{\mathbb{E}}_t \left[ \frac{\pi_{\theta}(a_t|s_t)}{\pi_{\widetilde{\theta}}(a_t|s_t)} \widehat{A}_t \right] = \widehat{\mathbb{E}}_t [r_t(\theta) \widehat{A}_t]$  (see ACER)
  - using  $\widehat{\mathbb{E}}_t \big[ \min \big( r_t(\theta) \widehat{A}_t, \operatorname{clip}[r_t(\theta)]_{1-\epsilon}^{1+\epsilon} \widehat{A}_t \big) \big]$  original clipped to stay close to 1

minimum – lower bound on the unclipped objective

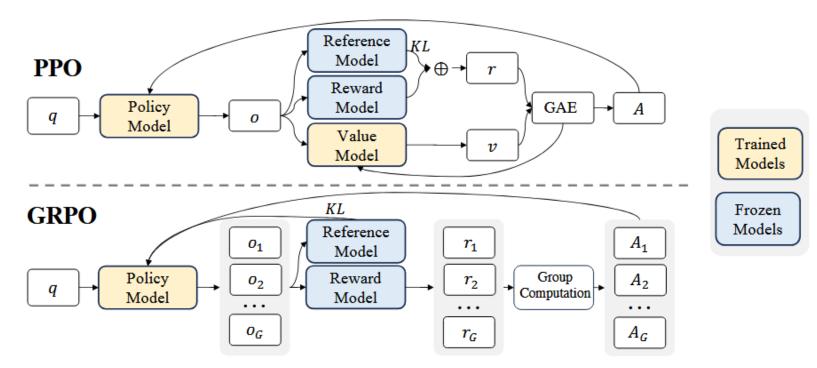


(Shao et al., 2024)

https://arxiv.org/pdf/2402.03300

## **Group Relative Policy Optimization**

- Same as PPO, just drop the critic
  - we save memory by not having to model values
- Instead, compute multiple outputs per input & use their average as baseline
  - compute advantages based on that



#### **Rewards in RL**

- Reward function is critical for successful learning
- Typical handcrafted setup in dialogues:
  - High positive for successful dialogue
  - high negative for unsuccessful dialogue
  - -1 per turn (promote efficiency)
- Handcrafting is not ideal
  - domain knowledge typically needed to detect dialogue success
  - need simulated or paid users, can't learn from users without knowing their task
  - paid users often fail to follow pre-set goals
- Having users provide feedback is costly & inconsistent
  - real users don't have much incentive to be cooperative
- Learning/optimizing the rewards is desirable

#### **Turn-level rewards**

(Schmitt & Ultes, 2015; Ultes et al., 2017; Ultes, 2019; Ultes & Maier, 2021)

https://doi.org/10.1016/j.specom.2015.06.003

https://doi.org/10.21437/Interspeech.2017-1032

https://aclweb.org/anthology/W19-5902/

https://aclanthology.org/2021.sigdial-1.42

Interaction quality

hand-annotated turns for ~200 dialogues

• SVM/RNN on low-level domain-independent features (ASR confidence, # reprompts etc.)

#### Discriminator

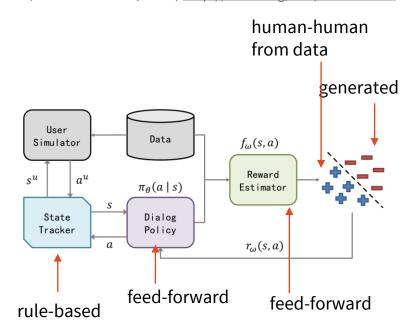
- policy vs. human-human (iterative, adversarial learning)
- reward for appearing human-like at each turn

#### Information gain

- reward system asking ≈ changes in belief state distributions (Jensen-Shannon divergence ≥ threshold)
- combined with task success

(Geishauser et al., 2021) http://arxiv.org/abs/2109.07129

(Takanobu et al., 2019) http://arxiv.org/abs/1908.10719



## Alternating supervised & RL

- we can do better than just supervised pretraining
- alternate regularly
  - start with supervised more frequently
    - alleviate sparse rewards, but don't completely avoid exploring
  - later do more RL
    - but don't forget what you learned by supervised learning
- options:
  - schedule supervised every N updates
  - same + increase N gradually
  - use supervised after RL does poorly (worse than baseline)
    - baseline = moving average over history +  $\lambda$  · std. error of the average
    - agent is less likely to be worse than baseline in later stages of learning



Everyone knows this, right? Right? Most RL agents are overfit and can be defeated by acting out-of-distribution. Everyone should know this.

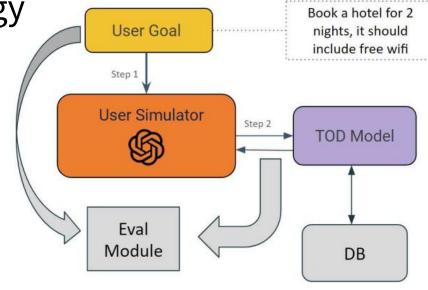
https://twitter.com/mark\_riedl/status/1682937331727192065

#### **LLM-based simulators**

- Closer to humans than traditional simulators, but cheaper
- Work best in text mode (for full dialogue system)

Prompt off-the-shelf LLMs with tasks from ontology

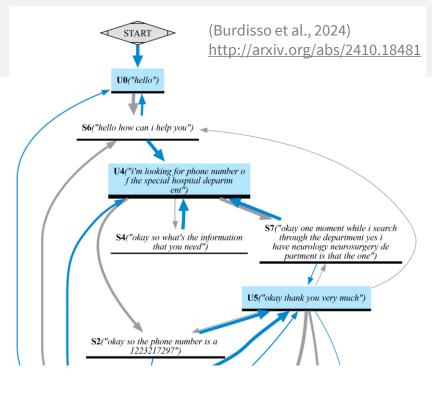
- direct prompting
- chain of thought
- explicit user state tracking
- Reward: can be computed by LLM too
  - feed LLM with whole dialogue
  - ask if goal was fulfilled
- Even closer to humans: finetune LLMs specifically
  - based human-LLM conversations, with generated intents
  - use non-instruction tuned LLMs for this
  - this makes the simulator more challenging to learn with (Naous et al., 2025) http://arxiv.org/abs/2510.06552

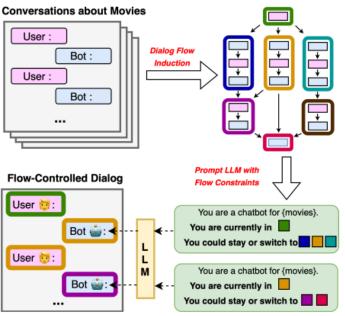


(Kazi et al., 2024) http://arxiv.org/abs/2411.09972

## **Embeddings/LLM Dialogue Flow Induction**

- No RL, creating rule-based flows automatically
- No need for annotation
  - good if you have e.g. call center recordings
- Analyze existing data, with dialogue embeddings
  - BERT finetuned on many dialogue datasets
  - cluster actions
  - create flow graph based on actions in data
- Prompt LLM to write dialogue flows
  - multi-step, with feedback & update
  - use real dialogues to augment the LLM-written flows
    - cluster actions & use dialogues with centroids as representatives





#### **Summary**

- RL for action selection / dialogue policy
  - MDP / agent in an environment, taking actions, getting rewards
  - dynamic programming, Monte Carlo, Temporal Difference
  - optimizing value function V/Q (critic), policy (actor), or both (actor-critic)
  - learning on-policy or off-policy (act by the policy you learn/not)
  - Combination with supervised makes sense
  - Rewards can be learned/estimated
- **DQN** representing & optimizing Q function with a network
  - minibatches, target function freezing, experience replay
- Policy gradients policy network & direct policy optimization
  - **REINFORCE** (MC policy gradients) + advantage
  - Actor-critic (REINFORCE + TD + V estimates) + extensions (ACER, PPO)
- LLMs can work as a simulator or to extract rule-based flows

#### **Thanks**

#### **Contact us:**

https://ufaldsg.slack.com/ odusek@ufal.mff.cuni.cz

Skype/Meet/Zoom/Troja (by agreement)

Next week: holiday 2 weeks from now: NLG + 4<sup>th</sup> assignment

#### **Get these slides here:**

http://ufal.cz/npfl099

#### **References/Inspiration/Further:**

- Sutton & Barto (2018): Reinforcement Learning: An Introduction (2<sup>nd</sup> ed.) <a href="http://incompleteideas.net/book/the-book.html">http://incompleteideas.net/book/the-book.html</a>
- Nie et al. (2019): Neural approaches to conversational AI: <a href="https://arxiv.org/abs/1809.08267">https://arxiv.org/abs/1809.08267</a>
- Filip Jurčíček's slides (Charles University): <a href="https://ufal.mff.cuni.cz/~jurcicek/NPFL099-SDS-2014LS/">https://ufal.mff.cuni.cz/~jurcicek/NPFL099-SDS-2014LS/</a>
- Milica Gašić's slides (Cambridge University): <a href="http://mi.eng.cam.ac.uk/~mg436/teaching.html">http://mi.eng.cam.ac.uk/~mg436/teaching.html</a>
- Heidrich-Meisner et al. (2007): Reinforcement Learning in a Nutshell: <a href="https://christian-igel.github.io/paper/RLiaN.pdf">https://christian-igel.github.io/paper/RLiaN.pdf</a>
- Young et al. (2013): POMDP-Based Statistical Spoken Dialog Systems: A Review: <a href="http://cs.brown.edu/courses/csci2951-k/papers/young13.pdf">http://cs.brown.edu/courses/csci2951-k/papers/young13.pdf</a>